

# PLEASE ANSWER THE FOLLOWING QUESTIONS REGARDING YOUR HEALTH:

## Constitutional

Good general health \_\_\_\_\_ No Yes  
 Recent weight change \_\_\_\_\_ No Yes  
 Fever \_\_\_\_\_ No Yes  
 Fatigue \_\_\_\_\_ No Yes  
 Headaches \_\_\_\_\_ No Yes

## Eyes

Eye disease or injury \_\_\_\_\_ No Yes  
 Wear glasses/contacts \_\_\_\_\_ No Yes  
 Blurred/double vision \_\_\_\_\_ No Yes  
 Glaucoma \_\_\_\_\_ No Yes  
 Eye surgery \_\_\_\_\_ No Yes

## Ear/Nose/Mouth/Throat

Hearing loss/ringing \_\_\_\_\_ No Yes  
 Earaches or drainage \_\_\_\_\_ No Yes  
 Chronic sinus problems \_\_\_\_\_ No Yes  
 Nose bleeds \_\_\_\_\_ No Yes  
 Sore throat/voice change \_\_\_\_\_ No Yes  
 Swollen glands in neck \_\_\_\_\_ No Yes

## Cardiovascular

Heart trouble \_\_\_\_\_ No Yes  
 Chest pain \_\_\_\_\_ No Yes  
 Palpitations \_\_\_\_\_ No Yes  
 Shortness of breath \_\_\_\_\_ No Yes  
 Swelling of feet/ankles/hands \_\_\_\_\_ No Yes

## Respiratory

Chronic/frequent coughs \_\_\_\_\_ No Yes  
 Spitting up blood \_\_\_\_\_ No Yes  
 Asthma or wheezing \_\_\_\_\_ No Yes

## Gastrointestinal

Loss of appetite \_\_\_\_\_ No Yes  
 Change in bowel movement \_\_\_\_\_ No Yes  
 Nausea/vomiting \_\_\_\_\_ No Yes  
 Frequent diarrhea \_\_\_\_\_ No Yes  
 Constipation \_\_\_\_\_ No Yes  
 Rectal bleeding/blood in stool \_\_\_\_\_ No Yes  
 Abdominal pain/heart burn \_\_\_\_\_ No Yes  
 Peptic ulcer \_\_\_\_\_ No Yes

## Genitourinary

Frequent urination \_\_\_\_\_ No Yes  
 Blood in urine \_\_\_\_\_ No Yes  
 Kidney stones \_\_\_\_\_ No Yes  
 Sexual difficulties \_\_\_\_\_ No Yes  
 Male testicle pain \_\_\_\_\_ No Yes  
 Use of Flomax \_\_\_\_\_ No Yes

## Musculoskeletal

Joint pain \_\_\_\_\_ No Yes  
 Joint stiffness or swelling \_\_\_\_\_ No Yes  
 Muscle pain/cramps \_\_\_\_\_ No Yes  
 Back pain \_\_\_\_\_ No Yes  
 Cold extremities \_\_\_\_\_ No Yes  
 Difficulty in walking \_\_\_\_\_ No Yes

## Integumentary (skin, breast)

Rash or itching \_\_\_\_\_ No Yes  
 Change in skin color \_\_\_\_\_ No Yes  
 Varicose veins \_\_\_\_\_ No Yes  
 Breast pain or lump \_\_\_\_\_ No Yes  
 Breast discharge \_\_\_\_\_ No Yes

## Neurological

Frequent/recent headaches \_\_\_\_\_ No Yes  
 Light-headed/dizzy \_\_\_\_\_ No Yes  
 Convulsions/seizures \_\_\_\_\_ No Yes  
 Numbness/tingling \_\_\_\_\_ No Yes  
 Tremors \_\_\_\_\_ No Yes  
 Stroke/paralysis \_\_\_\_\_ No Yes  
 Head injury \_\_\_\_\_ No Yes

## Psychiatric

Memory loss/confusion \_\_\_\_\_ No Yes  
 Nervousness \_\_\_\_\_ No Yes  
 Depression \_\_\_\_\_ No Yes  
 Insomnia \_\_\_\_\_ No Yes

## Endocrine

Gland/hormone \_\_\_\_\_ No Yes  
 Thyroid disease \_\_\_\_\_ No Yes  
 Diabetes \_\_\_\_\_ No Yes  
 Excessive thirst/urination \_\_\_\_\_ No Yes  
 Heat/cold intolerance \_\_\_\_\_ No Yes

## Hematologic/Lymphatic

Slow to heal cuts \_\_\_\_\_ No Yes  
 Bleeding/bruising tendency \_\_\_\_\_ No Yes  
 Anemia \_\_\_\_\_ No Yes  
 Phlebitis \_\_\_\_\_ No Yes  
 Past transfusion \_\_\_\_\_ No Yes  
 Enlarged glands \_\_\_\_\_ No Yes

## Allergic/Immunologic

History of skin or other reactions to:  
 Penicillin/antibiotic \_\_\_\_\_ No Yes  
 Novocaine or other anesthetics \_\_\_\_\_ No Yes  
 Tetanus antitoxin or other serum \_\_\_\_\_ No Yes  
 Iodine, methiolate or other \_\_\_\_\_ No Yes

Other drugs: \_\_\_\_\_  
 \_\_\_\_\_

Known food allergies \_\_\_\_\_  
 \_\_\_\_\_

## FULL NAME (PLEASE PRINT):

## DATE OF BIRTH:

\_\_\_\_\_ Month Day Year

## PLEASE SIGN:

## DATE:

\_\_\_\_\_